

**H2SUM Resident Assessment Form:  
Substance Use Disorders**



BRITISH COLUMBIA  
CENTRE *for* EXCELLENCE  
*in* HIV/AIDS

Resident:

Assessor:

Task delivered on:

Directly observed:

Yes                      No

**Milestone 1**

- Screen for substance use disorders using non-judgemental, normalizing language, and appropriate tools (communicator, medical expert)
- Perform a comprehensive substance use consult, utilizing trauma-informed principles, cultural humility, and cultural safety (medical expert, communicator, professional)
- Diagnose substance use disorders using DSM-5 criteria including opioid use disorder, stimulant use disorder, alcohol use disorder, tobacco use disorder, and benzodiazepine use disorder, (medical expert)
- Perform a focused substance use history in a timely, patient-centered manner (manager, medical expert, communicator)
- Counsel patients on harm reduction and evidence-base treatment for opioid use disorder with a focus on opioid agonist treatments including buprenorphine/naloxone, methadone, sustained-release oral morphine, injection hydromorphone and injection diacetyl morphine (medical expert, communicator)
- Advise patients on safer supply/withdrawal management medications available in B.C. for opioid use disorder, stimulant use disorder, and alcohol use disorder including routine monitoring and expectations (medical expert, communicator)
- Collaborate with peer specialists, nurses, social workers, outreach agencies to support clients to reach their health goals and navigate recovery systems (collaborator, communicator, professional)
- Describe the neurobiology of addiction (scholar)
- Demonstrate a sophisticated understanding of root causes of substance use disorders including adverse childhood experiences, personal history of trauma and violence, intergenerational trauma, colonialism, racism, and other forms of oppression in case conferences and discussions with patients and colleagues (communicator, scholar, professional, advocate)
- Initiate and adjust methadone for opioid use disorder using general knowledge of its pharmacokinetics (medical expert)

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Initiate standard induction of buprenorphine/naloxone sublingual tablet for opioid use disorder informed by clinical opioid withdrawal scale (COWS), subjective opioid withdrawal scale (SOWS), and general knowledge about its pharmacokinetics (medical expert)

Initiate micro-dose induction of buprenorphine/naloxone sublingual tablet for opioid use disorder with a patient using easy-to-understand language, handouts, and contingency plans (medical expert, communicator)

Initiate and adjust sustained-release oral morphine for opioid use disorder (medical expert)

Describe treatment options for alcohol use disorder, including community and residential services, to a patient (communicator, medical expert)

Prescribe medications for alcohol use disorder, considering patient goals, comorbidities, and patient context (medical expert)

Prescribe medications for someone with benzodiazepine use disorder (medical expert)

Reflect on an ethical issue encountered in clinical practice and substance use services (professional)

Evaluate pertinent access challenges to addiction services both in rural and urban centres (advocate)

Context: [limit to 200 characters]

Feedback:

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Action plan (if applicable):

Assessment:

In progress

Achieved

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Milestone 2

- Initiate and adjust injectable opioid agonist therapy such as hydromorphone and diacetylmorphine for patients with opioids use disorder (medical expert)
- Describe the Initiation and adjustment of fentanyl patch using an understanding of its pharmacokinetics to a patient (medical expert, communicator)
- Describe the initiation and continuation of sublocade for opioids use disorder to a patient (communicator, medical expert)
- Perform sublocade subcutaneous injection depots with a focus on maximizing patient comfort and control (medical expert, communicator)
- Describe diagnostic features and treatment approaches to under identified substance use disorders, such as gabapentin use disorder, cannabis use disorder, and gamma-hydroxybutyrate use disorder to a patient (medical expert, communicator)

Context: [limit to 200 characters]

Feedback:

Action plan (if applicable):

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Assessment:

In progress

Achieved

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