

**H2SUM Resident Assessment Form:
Mental Health Disorders**



BRITISH COLUMBIA
CENTRE *for* EXCELLENCE
in HIV/AIDS

Resident:

Assessor:

Task delivered on:

Directly observed:

Yes No

Milestone 1

Perform a comprehensive mental health consult, utilizing trauma-informed practices, cultural humility, cultural safety, and appropriate tools (medical expert, communicator, professional)

Conduct a focused mental health assessment for a mental health concern of a client in a patient-centered, culturally safe, and efficient manner (manager, medical expert, communicator, professional)

Collaborate with mental health teams to enhance care and access to services (advocate, communicator, manager)

Initiate a treatment plan for a patient with substance induced psychosis that is patient-centered and conscientious of available resources (manager, communicator, medical expert)

Collaborate with a patient and their mental health team to restart psychoactive medications after a lapse in regular usage (collaborator, communicator)

Diagnose common mental health disorders, such as ADHD, depression, bipolar affective disorder, anxiety, PTSD, insomnia, schizophrenia, schizoaffective disorder and borderline personality disorder using DSM-5 criteria, collateral information, and appropriate tools (medical expert, communicator, collaborator)

Co-construct a treatment plan based on a patient's priorities and belief system(s), evidence-based medicine, and cultural resources for common mental health disorders, such as ADHD, depression, bipolar affective disorder, anxiety, PTSD, insomnia, schizophrenia, schizoaffective disorder and borderline personality disorder (communicator, collaborator, medical expert).

Utilize knowledge of neurobiological pathology of common mental health disorders to support prescribing and deprescribing (scholar, medical expert)

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Context: [limit to 200 characters]

Feedback:

Action plan (if applicable):

Assessment:

In progress

Achieved

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Milestone 2

Enhance treatment for a client with treatment refractory schizophrenia or schizoaffective disorder according to existing evidence and expert guidance and patient preference (scholar, medical expert)

Initiate and discontinue sustained release depot anti-psychotic medications according to evidence, expert guidance in a patient-centered manner (communicator, medical expert)

Optimize treatment for mood disorders that are treatment refractory according to evidence and expert guidance (scholar, medical expert)

Utilize psychotherapies such as cognitive behavioral therapy and motivational interviewing, to support clients to reach their health goals (scholar, communicator, medical expert)

Described a safe approach to community-based prescribing of clozapine (medical expert, communicator)

Discuss important adverse events and their appropriate management associated with clozapine use (medical expert)

Context: [limit to 200 characters]

Feedback:

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