



BRITISH COLUMBIA
CENTRE *for* EXCELLENCE
in HIV/AIDS



Intensive Preceptorship Program

Clinical Education and Training Program

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Background and Introduction

Preceptorship is well recognized as *best practice* in clinical education. The preceptorship program offered by the BC Centre for Excellence in HIV/AIDS supports the **professional growth and development** of practitioners wishing to expand the scope of their primary care practice and to achieve **competence and confidence** in providing the best possible care to patients with HIV/AIDS.

Built upon the Centre's internationally recognized clinical and research work, this **comprehensive program** integrates the latest research evidence, practices, guidelines, expert guidance and tailored support to practitioners. In its **intensive format**, the program offers **clinical placements** across units that offer specialized care to HIV positive patients. Most importantly, this program blends the **strengths** and **opportunities** that exist at the BC Centre for Excellence in HIV/AIDS with each trainee to enhance future HIV practice.

What the Program Focuses On

Trainees who have learned successfully in this preceptorship program will have acquired **competence and confidence to provide the primary care management of HIV positive patients**. Upon completion of the program, trainees will be able to:

- Assess HIV positive patients and develop a primary care plan;
- Initiate and monitor antiretroviral (ARV) therapy, including toxicities and treatment failure and drug-to-drug interactions;
- Identify the main HIV-related co-morbidities and its impact in the management of patients; and
- Identify psychosocial issues in HIV positive patients and provide resources for community support.

At the completion of the program, the trainees are also expected to be able to:

- Capitalize on their own, unique professional strengths, develop realistic strategies for the complex care management of HIV positive patients;
- Engage in the organization and the inter-professional framework; and
- Avail themselves of educational programs, supports and resources available through the BC Centre for Excellence in HIV/AIDS.



How the Program is Structured

	What is achieved	How it is achieved	How it is assessed
Prior to program commencement	<ul style="list-style-type: none"> • Offers of admission • Orientation / induction (program, policies, procedures, safety, confidentiality, ethics) • Trainee's individual strengths identified • Individual learning plan developed 	<ul style="list-style-type: none"> • One-on-one phone conversation with Preceptorship Director • Individual learning plan developed by trainee 	<ul style="list-style-type: none"> • Individual learning plan discussed with Preceptorship Director to ensure fit and maximize learning in the program
Module 1 Online course <i>Duration: self-paced, approx. 10 hours</i>	<ul style="list-style-type: none"> • Foundations of HIV/AIDS care mastered/reviewed 	<ul style="list-style-type: none"> • HIV/AIDS Diagnosis and Management (self-directed online course) 	<ul style="list-style-type: none"> • Self-assessment completed (as part of online course)
Module 2 Clinical rotations <i>Duration: 1 week (5 days)</i> <i>Location: SPH, Vancouver</i>	<ul style="list-style-type: none"> • On-site clinical preceptorship component • Enhanced learning of HIV clinical skills • Identify experts and resources for future learning and support 	<ul style="list-style-type: none"> • On-site at BC Centre for Excellence in HIV/AIDS • Rotation: IDC clinics, HIV clinics, other specialty clinics, Lunch hour case discussions with IDC preceptor 	<ul style="list-style-type: none"> • Documented learning and development • Case discussions • Individual case project • Individual and shared reflection and feedback • Competencies assessed • Individual learning plan/contract reviewed; future learning goals and opportunities identified
Module 3 Mentorship <i>Duration: 3 months</i>	<ul style="list-style-type: none"> • Review of the program's impact on individual practice • Reflection and learning beyond the on-site clinical preceptorship • Consolidation of HIV/AIDS knowledge 	<ul style="list-style-type: none"> • Commitment from mentors to work with trainees in a respectful, supportive manner • Small group case discussions with mentors • Option for one-on-one mentor contact for timely guidance 	<ul style="list-style-type: none"> • Individual case project guidance • Case discussions with mentor • Mentee feedback on Module 3 to improve future mentorship activities
Ongoing	<ul style="list-style-type: none"> • Knowledge advancement and updates on HIV/AIDS 	<ul style="list-style-type: none"> • Continued support from our physicians • HIV Updates • HIV Care Rounds • Publications and website postings • Other events 	<ul style="list-style-type: none"> • Ongoing communication between mentee and the Centre's community of practitioners



Structure of the On-site Clinical Preceptorship Component (Module 2):

Time	Day 1	Day 2	Day 3	Day 4	Day 5
8-9	Program Opening				
9-12	Clinical Rotations	Clinical Rotations	Clinical Rotations	Clinical Rotations	Clinical Rotations
12-1	Noon Rounds	Noon Rounds	Noon Rounds	Noon Rounds	Noon Rounds
1-3	Clinical Rotations	Clinical Rotations	Clinical Rotations	Clinical Rotations	Program Closing
3-4					

How Learning Occurs in this Program, What the Intended Outcomes Are, and How Achievement is Assessed

A Plan to Guide Your Learning

Each trainee's learning in the preceptorship program will be guided by an **individual learning plan**, intended to build on the trainee's core strengths as a health professional. We ask you to identify your own learning needs and interests: what you find the most challenging, and what specifically you wish to focus on during your time at the Centre.

You may find the attached sheet helpful in guiding you as you prepare your learning plan. Please have your completed learning plan on hand for your upcoming phone conversation with the Preceptorship Director. The learning plan will serve as part of the documentary evidence of your progress in the preceptorship program.

Module 1: The HIV/AIDS Diagnosis and Management Course

The self-directed online course, HIV/AIDS Diagnosis and Management, comprises eleven learning modules and a series of self-assessment tools that you complete as you progress through the course. These reflect the following areas of focus:

- Epidemiology of HIV and approaches to testing in British Columbia
- Treatment as Prevention
- Initial clinical assessment of HIV positive patients



- HIV Disease Specific testing and Virological Monitoring
- When to start and What to start
- HIV treatment monitoring and antiretroviral access in BC
- Antiretroviral Toxicities and Common Comorbidities in HIV
- Hepatitis B & C Co-infection
- Interprofessional Care for HIV/AIDS
- Prevention and Assessment of Opportunistic Infections
- Women and HIV
- Case Presentations

Please note that the successful completion of Module 1 is a pre-requisite for your participation in Module 2. **Do not delay starting the self-directed course.**

Credits for Family Physicians:

This online 1-credit-per-hour Self Learning program has been certified by the College of Family Physicians of Canada for up to **10 Mainpro+ Credits.**

Module 2: On-site Clinical Preceptorship Component

Guided by your **learning plan**, it is recommended to document your observations, clinical work, reflections, questions, and other notes relevant to the clinical preceptorship component in your **personal journal/log**. The journal is intended to facilitate both your **individual and shared reflection** (with other trainees and the preceptor team) throughout the program, and to supplement your individual learning plan when reviewed and summarized with the Preceptorship Director.

During the clinical preceptorship component of the program, trainees in small groups will participate in a series of **lunch-hour sessions** with IDC team members. The objective of these sessions is to review key topics in the management of HIV positive patients. On the last day of the clinical preceptorship component, you will **present and discuss a clinical case**. The case discussions may revolve around some or all of the following:

- HIV and primary care
- Challenging ARV management
- Hepatitis co-infection and patients with advanced HIV/opportunistic infections
- HIV pre- and post-exposure prophylaxis
- Antiretroviral treatments and toxicities
- Psychosocial issues
- HIV in women



The Preceptorship Director will discuss the particulars of this assignment with you during your upcoming phone conversation.

At the conclusion of the clinical preceptorship component, trainees also **debrief the experience together** and **receive and offer summative feedback** to each other and the preceptor team.

Module 3: Mentorship

The focus and activities in Module 3 are guided by the needs, interests and learning objectives of the trainees, as identified both during and following the on-site clinical component. The mentorship phase is structured and flexible with monthly real time case-based discussions via telephone or GoToMeeting. Mentees will present an **individual case project** to mentors, providing demonstration of best practice in HIV prevention and care, discussion of logistics of HIV prevention and care in BC, and feedback at group and individual levels. This Mentorship phase will be an opportunity to **highlight difficulties and questions** regarding your own practice with **feedback from mentors and peers**. Your mentors are genuinely committed to advancing your learning beyond the on-site clinical rotations and to providing guidance should you encounter clinical situations of greater complexity around HIV/AIDS.

What Happens When You Complete the Program

The completed learning plan is signed off by the trainee and the Director of Clinical Education, and the trainee identifies his/her future learning goals and aspirations.

The trainees are invited to evaluate the value of the preceptorship program and its impact on their clinical practices by completing an evaluation of the on-site clinical component.

The trainees who complete all components of the preceptorship program are issued official letters of completion. Three months after entering Module 3, trainees will be asked to complete a post-training reflection. Physicians will receive a Continuing Professional Development certificate upon completion of the evaluation.

Credits for Family Physicians:

This 2-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada for up to **50 Mainpro+ Credits**.

Individual Learning Plan

Trainee: _____

Before you embark on your preceptorship, take a moment to **identify the top 3–5 areas in which you wish to learn, grow professionally, or develop new skills**. Here are some questions to help you identify these areas: *What is your greatest challenge when seeing HIV positive patients? What do you need to learn when it comes to HIV diagnosis, treatment, support, etc? What resources would better support you and your patients when providing them with optimal HIV care and prevention?*

Now, conceptualize these priorities as your individual **learning objectives**.

Write them down here:

1. _____

2. _____

3. _____

4. _____

5. _____

Review your learning plan often during the preceptorship, reflect on it, chat about it with your preceptorship director, and feel free to edit the list as you see fit.

